



Defensive Documentation in the Era of Litigation

Presented by,

William J. Mundy, Esquire

*Kathy von Spreckelsen RN,
BSN, RAC-CT*

- Documentation or lack of documentation could be costly

Verdicts & Settlements

- Elopements **\$700,000-\$1 million**
- Failure to monitor **\$400,000-\$1.5 million**
- Failure to report change to Physician
\$400,000 - \$999,000.
- Failure to treat **\$500,000 - \$995,000.**
- Fractures **\$510,000 - \$800,000**
- Head injuries **\$645,000 -\$1 million**

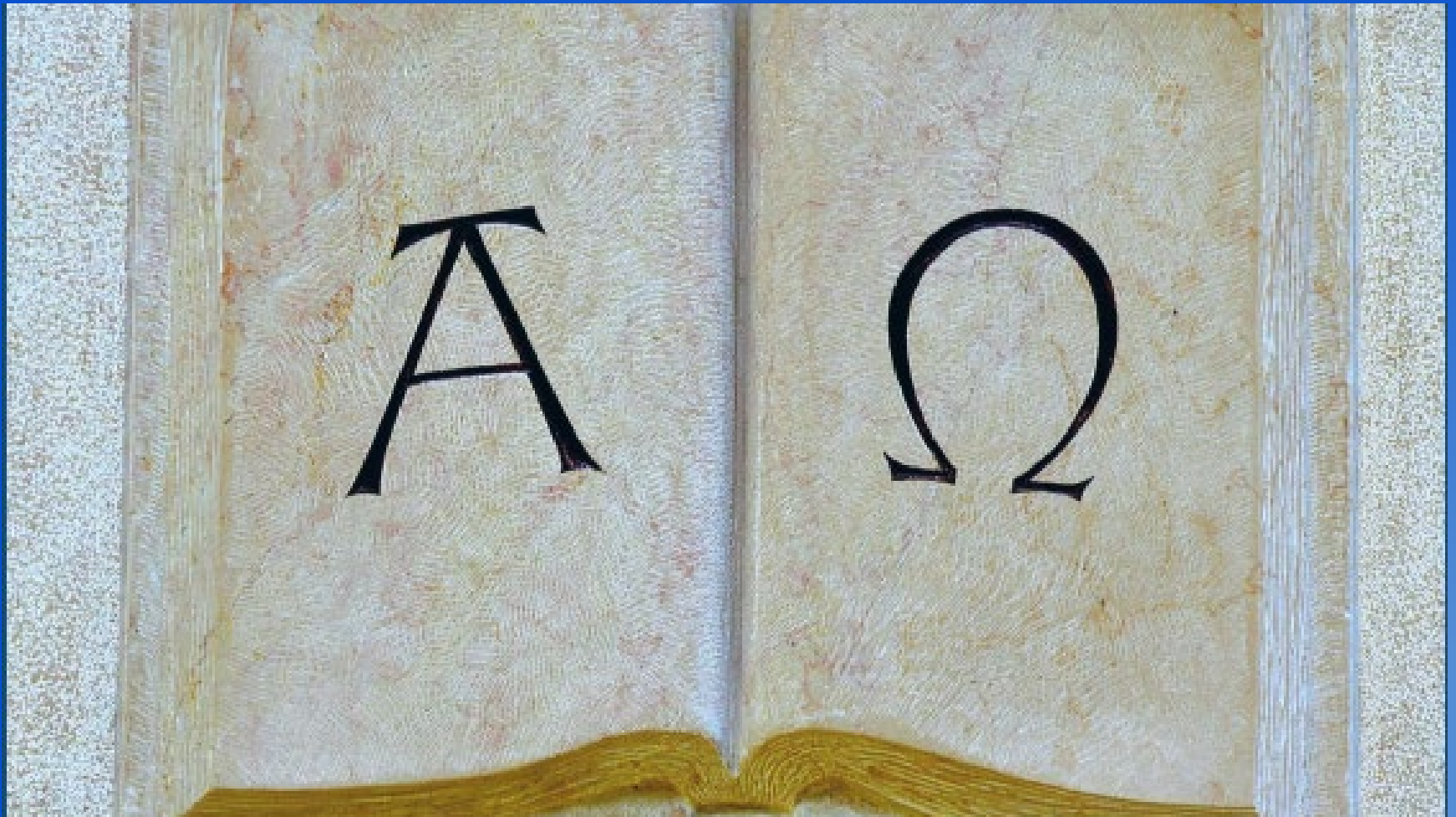
Verdicts & Settlements

- Improper care **\$500,00-\$2.9 million**
- Infections **\$475,000-\$862,500**
- Malnutrition/dehydration **\$500,000 - \$1 mill**
- Medication errors- **\$914,000 - \$4.1 million**
- Pressure injuries **\$500,000 - \$2.8 million**
- Falls **\$410,000 - \$1.4 million**
- Wrongful death **\$400,000- \$2.7 million**



Mundy - Defensive Documentation 2013

DOCUMENTATION



PLAINTIFF MUST PROVE

	<u>YES</u>	<u>NO</u>
Breach of SOC/Negligence		
Causation		
Damages		

DOCUMENTATION

- ❖ The Alpha and Omega of an LTC case.
- ❖ A Plaintiff cannot proceed with a professional liability case unless
 1. An expert finds that there was a deviation from accepted standards of care; and
 2. The deviation caused harm

ANATOMY OF A TRIAL

- **LAW** – The Judge
- **EVIDENCE** (Facts) – Witness & Documents
- **LAWYERS** – Argue How Evidence Applied To Law Support Case
- **JURY** – Hear The Law And Apply The Evidence And Reach A Conclusion On Who Is Right (Verdict)

❖ *Records are seen as more objective and unbiased because it was written at a time when all you were doing is recording facts.*

❖ Verbal testimony is questioned because it is biased and given after the fact— you want to win the lawsuit or the survey challenge at the time of the events.

THE MIND IS A TERRIBLE ARCHIVE:

"If it is not documented, it doesn't exist. As long as information is retained in someone's head, it is vulnerable to loss."

- Louis Fried, 1992

Get Our Story out from behind the Eight Ball



DOCUMENTATION POINTERS

I.

**How we teach nurses
about charting – **NO**
ABSOLUTES.**

GOLDEN RULE:

“ If it’s not documented, it didn’t happen.”





EMR Version

“If you touch the patient, then you touch the kiosk”..visa versa?

Real Life Testimony:

- Q: “Agree with the statement ‘If it is not documented, it is not done.’”
A: “yes”
- Q: “Where is Turning and repositioning documented”
- A: “The ADL sheets”

Real Life Testimony:

- Q: “Can we agree that it is the standard of care to turn and reposition [resident] every 2 hrs based on the care plan?”
- A: “Yes”
- Q: “Can agree that there are 25 times that turning and repositioning was not documented“
- A; “Yes”

Real Life Testimony:

- Q: “If turning and repositioning is the standard of care, and there are 25 times that turning is not documented, then [facility] breached the standard of care 25 times.”
- A: “Yes”

Documentation Pointers

2.

***GAPS/Inconsistent Charting
are interpreted as lack of
care***

One Month Trial January-February, 2026

Learning and Positioning

Qshift	*Day (7-3) (0700-1500)	Y,1 NG14	█	Y,1 EZO	N,2 EZO	█	Y,2 MHK	Y,2 jc30	█	Y,1 EZO	N,1 EZO	Y,1 EZO	Y,1 CL	Y,1 EZO	Y,1 EZO	Y,1 GF4	Y,1 LR32	Y,1 LR32	Y,1 CL	Y,1 LR32	Y,1 KP	█	Y,1 jc30	Y,1 CL	Y,1 jc30	Y,2 MM	█	Y,1 AJ	Y,1 LR32
Qshift	*Evening (3-11) (1500-2300)	Y,1 NG14	Y,1 jc30	Y,1 AJ	Y,1 AJ	Y,1 NG14	Y,1 jc30	Y,1 ge	Y,1 ZS3	Y,1 jc30	Y,1 AJ	Y,1 ge	Y,1 MM	Y,1 EZO	Y,2 NG14	Y,2 NG14	Y,1 MM	Y,1 MM	Y,2 NG14	Y,1 YV	Y,1 AJ	Y,1 ge	Y,1 LR32	Y,2 NG14	Y,2 DB	Y,1 MM	Y,2 NG14	Y,1 LR32	Y,1 ge
Qshift	*Night (11-7) (2300-0700)	Y,1 DJ14	█	Y,1 DJ14	Y,1 JJ35	Y,1 CS52	█	Y,1 CS52	Y,1 CS52	Y,1 EM86	Y,1 CS52	█	Y,1 CS52	Y,1 CS52	Y,1 EM86	Y,1 EM86	Y,NA CS52	Y,1 EM86	Y,1 CS52	Y,1 EM86	█	Y,1 CS52	Y,1 CS52	Y,1 DM	Y,1 EM86	Y,1 CS52	Y,1 EM86	Y,1 EM86	Y,1 EM86
Qshift	*Night (11-7) (2300-0700)	Y,1 EM86	X	X	X	Y,1 DM	X	X	X	X	Y,1 EM86	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

System Response available for all questions: RR- Resident Refused RA- Resident Not Available NA- Not Applicable *Data not Requested

█	Y,1 EZO	N,1 EZO	Y,1 EZO
Y,1 ZS3	Y,1 jc30	Y,1 AJ	Y,1 ge
Y,1 CS52	Y,1 EM86	Y,1 CS52	█
X	X	Y,1	X

ARGUMENT WHY GAPS ≠ LACK OF TURNING & REPOSITIONING

1. STAFF TESTIMONY ON HOW ROUTINE CARE IS PROVIDED
2. CNA DOCUMENTATION GAPS EXIST EVEN WHEN NO WOUNDS AND HEALING WOUND
3. CNA DOCUMENTATION GAPS ARE THE SAME FOR EVERY TASK FOR THE ENTIRE SHIFT
4. NURSING DOCUMENTATION PROVES CARE BEING PROVIDED
5. CNA DOCUMENTATION GAPS IN FEBRUARY DO NOT MATCH UP WITH THE WOUND DEVELOPEMNT

PLAINTIFF MUST PROVE

	<u>YES</u>	<u>NO</u>
Negligence	X	
Causation		
Damages		

PLAINTIFF WILL USE TO CLAIM:

- CARE NOT BEING GIVEN
- NOT ENOUGH STAFF

Documentation Pointers

3

Poor Charting is a problem
FALSE charting is a game
changer

ADL Flowsheet

	HR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Turn + position Q 2°	11:7		S	P	S	T														
	7:3	DE		DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE	DE
	4:11	CR	H	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR	CR

**Resident left for the
hospital on this date**

Documentation Pointers

3a

**Monotony breeds errors -
Don't be a lemming.**



Documentation Pointers

***Remember THAT FALSE
charting issue....***



An Ochsian Pharmacy

MEDICATION RECORD

Medication Order Date Freq. 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

200MG TABLET
FUROSEMIDE U-D
BY MOUTH EVERY DAY

01/30/06

RX#219193 Take B.P.
0900 U NS NS Dec'd

~~ERRORE~~
KORREKTION - 6-06

U-D 100MG CAPSULE
NEURONTIN U-D, 5 ZXS BLISTERS
BY MOUTH TWICE DAILY FOR CHRONIC

01/30/06

RX#219183 separate by 2 hrs from Alu/mg/antacids

UD-B 25MG TABLET
BY MOUTH TWICE DAILY FOR COB

01/30/06

0900 U NS NS Dec'd
1700 U NS NS Dec'd

D 3MG TABLET
COUMADIN
BY MOUTH EVERY DAY

01/30/06

RX#219188 Take B.P.
1800 U NS NS Dec'd

TE U-D 2.5MG TABLET
METHOTREXATE
BY MOUTH EVERY WEEK ON TUESDAYS FOR
DID ARTHRITIS

01/30/06

RX#219191 Do not take with aspirin
0900 U NS NS Dec'd

Dec'd 2/10/06

TAL SIGNS

01/30/06

RX#219185 chc monthly PREGNANT WOMAN SHOULD AVOID CONTACT WITH THIS MEDICATION

7A-7P
A13763
0700 MD NS NS Dec'd

OLUTAB 30MG TAB RAP DR
MOUTH EVERY DAY

01/30/06

RX#219186 Take before meals

(TIME TOP) 20000 U/1ML VIAL
CUTANEOUSLY EVERY WEEK ON
DAYS

01/30/06

0900
SLTC

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RX#219184 Refrigerated NOT freeze

Documentation Pointers

4.

Avoid Documenting more than a) observations of; and b) care provided to the resident.

Documentation Pointers

5.

- ***Accurate Detail is a good.***
- ***Lack of Detail can be as damaging as inaccurate detail.***

Documentation Issues

6.

Be careful documenting expectations for the future. You will be held to them.

- ***“Will continue to monitor”***

Documentation Issues

7.

Document neatly and professionally.

Examples of Real Life Errors

- **“Foley draining *fowl* smelling urine.”**
- **“A *barbaric* enema.”**
- **“A *linguine* hernia.”**
- **“Patient ate half of the food on the tray while lying in skeletal traction.”**

Examples of Real Life Errors

- **MD Order: “Walk patient in *“hell.”*”**
- **“No *brewery* heard in right arm.”**
- **“*Fecal* heart tones heard.”**
- **“Patient observed to be *seeping* quietly.”**

Examples of Real Life Errors

- **“Patient lying on eggshell mattress.”**
- **“Abdominal *mess* palpated in lower left quadrant.”**
- **“Patient suffered from pelvic *inflationary* disease.”**

Examples of Real Life Errors

- **Description of hemorrhoids:
“Big Time.”**
- **“Both breasts are equal and
reactive to light and
accommodation.”**
- **“The skin was moist and
dry.”**

I LAUGH AT YOU



AND SO DOES MY CAMEL



In-Service Key....

Documentation Pointers

8.

Document as though it is a reflection on you, professionally and personally...for all eternity...because it is (or at least for 7 years.)

Documentation Pointers

9.

Documentation need not be perfect, or even where supposed to be....but it must exist.

Documentation Pointers

10.

***UPDATING CARE PLANS IS
IMPORTANT- EVEN IF
DOCUMENTED IN
PROGRESS NOTE***

ANATOMY OF LTC LAWSUIT

- **80% OF CLAIMS ARE ABOUT EITHER FALLS OR WOUNDS**
- **SUCCESS HINGES ON THE FOLLOWING DOCUMENTATION:**
 1. **Was there an initial assessment done correctly;**
 2. **Is there a care plan – fall risk/skin risk**
 3. **Was it followed when fall/wound occurred.**
 4. **Was the Care Plan Reviewed and updated – even if no changes to approach.**

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Risk for falls r/t impaired balance, dementia, impaired decision making skills, HTN/antihypertensive med use, DM/hypoglycemic med use, schizophrenia/psychotropic med use, incontinence, and wears glasses, anemia, combative behaviors. Date Initiated: 07/21/2015 Revision on: 07/22/2016</p> <p>8/30/16 Observed resident get out of chair in dayroom and ambulate several steps when he fell to floor. Injury observed.</p> <p>9/1/16 found on Flr. in Rm 151 appeared to have salt on isolation hamper area shed to Flr. of injury observed.</p> <p>9/23/16 Resident found sitting on floor on his buttocks in dayroom injury.</p>	<p>• Risk for falls will be reduced, will remain free from injury. Date Initiated: 07/21/2015 Revision on: 07/22/2016 Target Date: 10/31/2016 1/2017</p> <p>Re 10/23/16 DS</p>	<p>• Monitor for s/s hypoglycemia (lethargy, tachycardia, increased hunger, skin cool or clammy to touch, changes in vision or mental status, etc).</p> <p>• Monitor for s/s hyperglycemia (increased perspiration, increased thirst, blurred vision, fatigue, frequent urination, change in mental status, etc.)</p> <p>• Administer oral hypoglycemic meds as ordered (see MAR for details).</p> <p>• Monitor blood sugar via fingersticks as ordered. Administer insulin coverage as ordered. Date Initiated: 07/21/2015</p> <p>• Assist resident back to bed if he appears tired, attempt to redirect resident from sitting on the floor Date Initiated: 07/03/2016</p> <p>• Assist to participate in activities of choice. Escort/transport to activities as needed. Date Initiated: 07/21/2015</p> <p>• Document changes in mood/behavior noting precipitating factors, interventions attempted, & effectiveness of interventions. Keep MD informed of concerns. Date Initiated: 07/21/2015</p> <p>• Encourage to stay in supervised areas/common areas when OOB. Date Initiated: 07/21/2015</p> <p>• Eye consult & fu as ordered/needed. Date Initiated: 07/21/2015</p> <p>• Monitor B/P as ordered, notifying MD of concerns or abnormalities. Monitor for signs of cardiac impairment such as irregular or rapid pulse, heart palpitations, cough, less or excessive urine output, difficulty breathing while laying, leg swelling, weakness, or chest pain. Notify MD for prompt intervention. Date Initiated: 07/21/2015</p> <p>• Monitor for decline in visual acuity, c/o blurred vision or changes in vision. Notify MD accordingly. Date Initiated: 07/21/2015</p>	<p>LPN</p> <p>CNA LPN</p> <p>ACTA CNA Activities Director LPN RN LPN RN</p> <p>ACTA CNA LPN RN RN LPN RN LPN</p> <p>RN LPN CNA</p>		
DOB	11/23/1943	Physician	KENNETH GOLDSTEIN		
Facility	Aspen Hills Healthcare Center	8/30/16 Op MD referral + psychiatry to eval med. 9/20/16 PT referral made.			
Patient	POOLE, JOHN L (5481)	Admission Date	07/15/2015	Location	Oak Court 158 1

9/23/16 PT screen made to eval r/t falls.

9/1/16 Staff to be mindful of resident's whereabouts while wandering unit. Redirect resident out of
 POOLE, JOHN L (5481) Page 12 of 22

9/25/16 7-3 Resident found sitting on floor in hallway. Injuries observed.

10/5/16 Resident had fall in dayroom. Injuries observed.

Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Monitor for signs of acute change in mental status, e/s delirium. Monitor for e/s infection (fever, decreased appetite, lethargy, irritability, etc.). Notify MD accordingly. Date Initiated: 07/21/2015 	RN LPN CNA ACTA	
<ul style="list-style-type: none"> Keep room & walkways clean & clutter free. Keep areas well lit. Keep call bell in reach, encourage use. Keep needed items in reach (TV controls, tissues, etc). Date Initiated: 07/21/2015 	N C.N.A. LPN RN	
<ul style="list-style-type: none"> Ensure resident is wearing proper footwear, assist with dressing as needed. Date Initiated: 07/21/2015 	N C.N.A.	
<ul style="list-style-type: none"> Assist with transfers as needed. Date Initiated: 07/21/2015 	N C.N.A.	
<ul style="list-style-type: none"> Assist as needed with ambulation, ensure walker in reach when not in use. Date Initiated: 07/21/2015 	N C.N.A. PT OT	
<ul style="list-style-type: none"> Encourage the proper use of hand rails, hand grips in bathroom, side rails, etc. Date Initiated: 07/21/2015 	N C.N.A. PT OT	
<ul style="list-style-type: none"> Monitor for decline in mobility, notifying therapy for possible screen/eval. 	N C.N.A.	

9/28/16 PT screen made

Admission Date

07/15/2015

Location

Oak Court 158 1

9/25/16 Attempt to assist resident to sitting in chair, when it appears he is attempting to sit in floor or objects.

POOLE, JOHN L (65481)

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9/25/16 Attempt to assist resident to sitting in chair, when it appears he is attempting to sit in floor or objects.

POOLE, JOHN L (65481)

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Documentation Pointers

II.

***DOCUMENTING THAT
INTERVENTIONS ARE IN
PLACE/BEING FOLLOWED IS
CRUCIAL***

Summary Resident out of bed at 12 am , in ambulating in hallway, resident allowed vital signs to be done, Mr. Poole was talking about dancing, fluids offered and accepted, continued to ambulate around unit with distant supervision, 1245 am Mr. Poole down in hallway by room 160 social room, co-resident in room 159 came out of room and began walking down towards nursing station, Mr. Poole came behind him speaking loudly (yelling), "GET THE FUCK OUT OF HERE". I went immediately down hallway, when Mr. Poole came behind co-resident 159 and attempted to hit co-resident, I intervened and told 159 keep walking down to the desk I would be there. I was speaking with Mr. Poole come on let's go this way, myself and Mr. Poole proceeded to his room, I attempted to provide care, Mr. Poole became aggressive , and combative, grabbing my arm, Mr. Poole sat in room, I checked on several times, 120 am I approached Mr. Poole and had a snack and fluids for him, ate and drank , 145 am myself and staff member re-approached Mr. Poole and he became combative, attempting to hit both of us, we were unsuccessful for care being rendered at this time, Mr. Poole followed myself and staff member out of room , Mr. Poole conti'd to ambulate around unit, in main social room, sitting down for short periods at a time, looking at TV , 245 am approached Mr. Poole to provide care, Loudly (yelling) YOU BITCHES AN'T NO GOOD), asked if he wanted something to drink and offered , he refused, Mr. Poole ambulated throughout night and sat down on and off in social room , 530 am wandered to rooms 155, 156, 158, 159 , redirected several times, came to nursing station, reaching out at staff and leaning over desk trying to grab books and papers, staff re-directed, Mr. Poole became agitated, 545 am Mr. Poole said to me " I WILL FUCK YOU UP", and hit me in my right rib cage, co-resident 155 I saw this and stated " Don't hit her" " She is a lady", "if you hit her again, I will hit you", after multiple unsuccessful non- pharmacological interventions Prn Ativan 0.5 mg given po, at 615 am, Mr. Poole was re-approached for care at 645 am, care was given Evaluation date modified from 10/05/2017 09:53 AM to 10/05/2017 06:50 AM by King, Angela (LPN) on 10/05/2017 11:09 AM

WHAT MAKES IT SO GOOD?

- Detailed description of events
- Uses quotations for specific statements
- Used assistance where necessary.
- **Employed all interventions in care plan.**

Documentation Pointers

12.

The chart is not a place to vent frustrations, engage in sarcasm or attempt to be humorous.

Documentation Pointers

13.

Develop a consistent policy on what is and what is not documented.

T&R

- **Q 2HRS OR COMFORT?**
- **FYI OR REQUIRED/SHIFT?**

Documentation Pointers

14.

FOR EMR –

- **WHAT PORTIONS
CONSTITUTE THE CHART**
- **PCC PROTOCOL**



Documentation Pointers

15.

Document follow through or follow up on previous shift observations or care issues.

Documentation Pointers

16.

Be specific. Avoid using vague terms or descriptions.

- **Apparently**
- **Could be**
- **May be**

Documentation Pointers

17.

Avoid conclusions – stick to facts, observations and interventions.

- **Miscalculated, Mistake, accidentally.**

Documentation Pointers


18.

Treat Emails, texts and other electronic communication with the same professionalism you use in the clinical record.



Subject: RE: Referral update

Please watch that they are only premium insurances that we are taking with a census so high and if you need to take an insurance because someone's wining, PLEASE consult Jaime.



From:

Sent: Friday, November 21, 2008 9:00 AM

To:

Cc:

Subject: RE: Not sure if you got info on


I'm ok with this...big dollars with no risk...my kind of admit!

Regional Director of Operations



Subject:

We removed the mouse from the computer behind the nurses station on the first floor. We had call bells going off like crazy and not being attended to while staff were inputting information in to Care Tracker.






From:

Sent: Friday, May 1, 2009 11:43 AM

To:

Subject: RE: mispunches

I am on fire!! I just yelled at the idiot that calls herself admission nurse...she is so fucking useless it is not even funny. And the fact that she is so damn ugly doesn't help at all...and stupid...





From:
Sent: Wednesday, December 10, 2008 3:45 PM
To:
Subject: RE:

PLEASE HELP ME!!! Would you believe that our staff told a family member that the yellow dot on resident's door was fall risk? Another idiot said it was behaviors... Of course the family member thinks we are complete morons, and rightfully so.

Please put a message in care tracker...PLEASE!!! YELLOW DOT MEANS TURN AND REPOSITION YOU FREAKING IDIOT!!! Maybe without saying freaking idiot...



Documentation Pointers

SUBRULES FOR EMAIL and text

- Be judicious in its use;
- Be neutral – communicate information without editorial slant.
- If sensitive information, error on the side of being empathetic/sympathetic/caring.
- It's cathartic to vent at times...just do it by phone.

Documentation Pointers

SUBRULES FOR EMAIL and text

- If you are wondering whether you should send an email – you probably shouldn't.
- Work Emails are the Employer's property, not yours.
- Emails seem to never go away.
- Communicate by phone when you can.

Documentation Pointers

SUBRULES FOR EMAIL and text

- Marking email “confidential” or “private”, does not make it either.
- ***Never say something in an email that you are not comfortable repeating or explaining in court before a jury!!!!!!!***



Documentation Pointers

19.

When it comes to litigation, the rules of proper documentation apply beyond the clinical records.

Documentation Pointers

20.

- Never re-write notes or records.
- Correct appropriately or supplement only as necessary to accurately convey information.



Documentation Pointers

21.

**Never document in
advance...ever.**

Documentation Pointers

22.

Late Entries.

Ask yourself – “Does the entry communicate information important for future care or is it just CYA?”

Effective Date: 12/15/2018 19:30

Type: Change in Condition Followup Note

LATE ENTRY

Note :

This is a follow-up note from the change in condition-medical that occurred on 12/12/2018

Status of condition: improved

DATA: remains on CIC s/p UTI

ACTION: ABT Rocephin completed, VSS, more alert to staff/family at this time.

RESPONSE: cooperative with care.

Comments:

Author: Brigid Murray Nursing - RN [e-SIGNED]

Signature: _____

Documentation Pointers

23.

EMR:

- ***CUT AND PASTE CAN SAVE TIME...
AND MAY BE ACCURATE, BUT.....***
- ***REPEATED USE WITH NO
VARIATION CALLS INTO
QUESTION IF ASSESSMENT OR
CARE DONE.***

Documentation Pointers

24.

Be Precise in Documenting Reports to Physicians

- Generally, nursing documentation is the only documentation of conversation.
- Many lawsuits have arisen over what information was conveyed.
- Use Quotes where appropriate



Documentation Pointers

25.

**Document Noncompliance.
and
CARE PLAN**

Documentation Pointers

26.

- **Getting The Family Involved and documenting that involvement.**
- **Use “quotes” when important info conveyed**

Sometimes, even with the
best of Intentions...

